Let’s Play!
Thanks to farmers and ranchers, we enjoy an abundance of food, clothing and shelter. But where does it come from? Before these items ever get to the grocery store, they are grown and raised by a caring farmer. Many of these items are grown in the soil, raised on land or grown on trees.

Step 1 Stack 12 green tokens on the tree, 12 brown tokens in the soil, and 12 orange tokens on the land.

Step 2 Give each player 1 grocery cart card.

Step 3 Take turns rolling the die. Take a look at what each number means!
1: Harvest 1 animal token
2: Harvest 1 tree token
3: Harvest 1 land token
4: You got a new tractor! Pick any 1 token!
5: Trading day! Swap one token with another player.
6: Weather alert! Put 1 token from your cart back on the playing board!

Step 4 The first to fill his/her grocery cart with three items from each category (soil, land, trees) wins.

Step 5 Read the facts included in the game and discuss with children!

Step 6 SUPER CHALLENGE! Have young players look for things at home or at school that came from the soil, were raised on land or grew on a tree. Challenge your friends and family. Want some help getting started?

- Plants that grow in the soil give us many fruits, vegetables, nuts, fiber for clothing (like cotton), oil seed, feed for animals and beautiful flowers. Parents and Teachers! What can your children find in your home or school that was grown in the soil?

- Trees are amazing! We get fruits (like apples, peaches and pears) as well as many nuts (like walnuts, pistachios and almonds) from trees. Parents and Teachers! If you are wondering how your child’s favorite fruit or nut is grown search online and show your child what his/her favorite snack looks like before it hits the grocery store.

- Animals are raised on the land. We enjoy delicious dairy products (like cheese, milk, yogurt and ice cream) from cattle and goats. Livestock and poultry provide tasty protein sources like eggs, chicken, turkey, beef, pork and lamb. Parents and Teachers! Help your students understand the lifecycle of animals and importance in our diet by talking about where our food comes from at mealtime.
American farmers work hard to produce our food, fiber and fuel while taking care of our natural resources.

Today’s farm and ranch families comprise just 2 percent of the U.S. population.

Oranges, grapes, apples and bananas are the most popular fruit. Almonds, walnuts and pecans are the most preferred tree nuts.
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Rangeland provides the main source of food for cattle and sheep on thousands of ranches across the country.

There are 2.2 million farms dotting America’s rural landscape. About 97 percent of those farms are still operated by families.

Total crop production in the US was more than $192 billion in 2014.

Brought to you by American Farm Bureau Foundation for Agriculture  www.agfoundation.org
Farm to Cart

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